

February 1, 2010  
 Prepared by Mari Kurata

## IKAW-AKO 54<sup>th</sup> Tour Schedule

Date: February 18<sup>th</sup> to 24<sup>th</sup>

Leader: Yori-hisa Goto, Coordinator: Mari Kurata, Facilitator: Leo D. Canson

Cooperation: Silay City Government/ Sipaly City/ PEMO/ JICA

<b>Day1, 18<sup>th</sup> (Thu)</b>	<b>Arrival</b>	<b>---time of low tide</b>
<b>18:15</b>	Arrival at Silay the airport, PR135	
<b>18:45</b>	Check in Pension House.	
<b>19:00-21:00</b>	<b>Welcome Dinner at Kalubihan (Expectations and Object setting)</b>	
<b>21:30</b>	Back to Pension / Rest	
<b>Day2, 19<sup>th</sup>(Fri)</b>	<b>Mangrove Planting in Balaring</b>	<b>---7:40am</b>
<b>6:30-7:00</b>	Breakfast at Bardevia	
<b>7:30</b>	Proceed to Balaring	
<b>8:00-10:00</b>	<b>Mangrove Planting in Balaring, Freshen up</b>	
<b>10:30-11:00</b>	<b>Inauguration Ceremony for Balaring Mangrove Eco-Tourism Area</b>	
<b>11:00-12:00</b>	<b>Lunch with BAMPA in Mangrove</b>	
<b>12:00-1:00</b>	Check out Bardevia	
<b>1:30-2:30</b>	<b>Talleres de Nazalet</b>	
<b>2:30</b>	Proceed to Cauayan	
<b>6:30</b>	Check in Sea Mystic	
<b>7:00-8:30</b>	Dinner at Sea Mystic	
<b>9:00</b>	Rest at Sea Mystic	
<b>Day3, 20<sup>th</sup>(Sat)</b>	<b>Danjugan Island</b>	
<b>8:00-9:00</b>	Breakfast at Sea Mystic	
<b>9:30-10:00</b>	Boat trip to Danjugan	
<b>10:30-12:00</b>	<b>Briefing at Danjugan, Practice Intermission Number</b>	
<b>12:00-13:00</b>	Lunch	
<b>13:30-15:30</b>	<b>Trekking and Snorkeling or diving</b>	
<b>16:00-16:30</b>	Snack	
<b>16:30-18:00</b>	<b>Free time</b>	
<b>18:00-19:30</b>	Dinner	
<b>19:30-21:00</b>	<b>Free talk</b>	
<b>21:00</b>	Rest at Danjugan Cottage	
<b>Day4, 21<sup>st</sup> (Sun)</b>	<b>Danjugan Island,</b>	
<b>7:00-8:00</b>	Breakfast in Danjugan Island, Freshen Up	
<b>8:00-10:00</b>	<b>Free time (Snorkeling, Diving, Trekking)</b>	
<b>10:00-10:30</b>	Snack	

<b>10:30-12:00</b>	<b>Free time</b>	
<b>12:00-1:00</b>	Lunch in Danjugan Island	
<b>2:30</b>	Proceed to Sipalay	
<b>3:30-5:30</b>	Check in Sipalay Suite, Freshen up	
<b>6:00-8:00</b>	<b>Dinner at Dagat dagatan</b>	
<b>8:00</b>	<b>Practice Intermission</b>	
<b>9:00</b>	Rest	
<b>Day5, 22<sup>nd</sup> (Mon)</b>	<b>Mangrove planting &amp; Eco Tour</b>	<b>---8:10am</b>
<b>6:30-7:00</b>	Breakfast	
<b>7:30</b>	Proceed to Cartagena	
<b>8:00-10:00</b>	<b>Mangrove Planting</b>	
<b>10:00-11:00</b>	<b>School Visit (Cartagena Elementary School)</b>	
<b>11:30-1:30</b>	<b>Lunch with Community, Interaction with community</b>	
<b>1:30</b>	Proceed to Canturay	
<b>2:00-4:00</b>	<b>Mangrove Eco Tour in Canturay (Boat tour)</b>	
<b>4:00-4:30</b>	<b>Snack with Community</b>	
<b>5:00</b>	Arrival at Café Nara in Naohan	
<b>5:30-7:00</b>	<b>Cooking</b>	
<b>7:00-9:00</b>	<b>Dinner</b>	
<b>9:00-</b>	<b>Live band (Rickey and his company)</b>	
	Rest	
<b>Day6, 23<sup>rd</sup> (Tue)</b>	<b>Mangrove Planting, Closing Program</b>	<b>---7:40am</b>
<b>6:30-7:00</b>	Breakfast	
<b>8:00-10:00</b>	<b>Mangrove Planting</b>	
<b>10:00-11:00</b>	<b>Snack with mangrove planters at Café Nara</b>	
<b>11:00-12:00</b>	Freshen up	
<b>12:00-1:00</b>	<b>Lunch at Café Nara</b>	
<b>1:30</b>	Go back to Silay	
<b>6:30</b>	Check in Bardevia	
<b>7:00</b>	<b>Dinner/ Closing Program at Micaeras</b>	
<b>Day7, 24<sup>th</sup> (Wed)</b>	<b>Departure</b>	<b>---7:00am</b>
<b>7:00-8:00</b>	<b>Breakfast at El Idial</b>	
<b>8:00-8:30</b>	<b>Visit Silay Public Market</b>	
<b>9:00</b>	Proceed to Airport	
<b>10:25</b>	Departure PR134	